



WEEK OF FEBRUARY 1, 2010

Shawnigan Parent News



Photo: (Com)passion Shirts for Haiti! For more photos and stories, go to <http://www.shawnigan.ca/now>

A Thank-You to Parents

Lynne Grass, the Squash tournament organizer, sends out the following appreciation to parents: "Thanks go to everyone who came out to support the players. In particular, we were grateful for the incredible support of the Shawnigan Parents Association and the parent volunteers."

Parents welcomed athletes and their coaches, organized snacks on Friday and lunches on Saturday, and gave out information about the school squash program to interested students and parents. Parents got to know each other better and were able to help out the squash coaches where they could.

One of our parent volunteers, Sue McGaw, said afterwards, "What a fantastic tournament on the weekend and what a great way to introduce other families to the School. I spoke to quite a few parents who had never been to the School and they were very impressed!"

Upcoming Regattas – Danielle Beare, Head of Rowing

February 27 and 28, Shawnigan Lake School will host two regattas. The Hungerford Cup is a 1000m race that primarily focuses on small boats, such as singles, pairs and fours. Sunday is a 6k head race that runs the entire length of our lake. The regattas bring in all levels of ability and age groups, including entries from Rowing Canada. The athletes are excited not only to host this event but because it is the first regatta of the competitive season.

We are looking for volunteers to help with motor boat driving for both days. The only experience needed is that you are comfortable driving a motor boat; we will tell you the rest. If you are interested please contact Katrina Cholack at: regatta@shawnigan.ca

Ski Week Runs on its Stomach – James McClellan

In the kitchen, we start in early December thinking about Ski Week and getting things started. By February 5, the van is packed! People often ask about the numbers... here are a few numbers: 84 kgs of roast beef – 70 kgs of meatloaf pans of lasagna – 100 liters of chili and 125 of beef stew – 7,700 cookies! Ten people to feed 450.

This small crew made up of brave kitchen and support staff, venture out to Manning Park on the Saturday before the School leaves in order to get things ready. After all, the first thing the School does upon arriving at the resort on Sunday, is to eat dinner! We call it Superbowl-less Sunday—we organize the reefer truck and get all the supplies (staple boxes with bread, milk, eggs, sugar, salt and pepper and, of course, hot chocolate, among other items!) to the cabins where the senior students cook for themselves. We take over and organize the Manning Park kitchen and then we prepare and serve the meal. Before exhaustion sets in, we get the morning prep done (including the meat sliced for 500 sandwiches.) Eventually, we make it back to our chalet, tired, but ready for the coming day.

Regular days then begin at 4:30am for a 5:30am start. We prepare a hot breakfast for 250 people and then we begin the sandwich assembly line. As well as making breakfast, the kitchen crew is also making soup to go with the sandwiches ...which are then boxed up. After kitchen and dining hall cleanup (and feeding ourselves), we have the opportunity to ski or snowboard or cross country, or just relax for about 2 hours. Then it is up to the hill with our lunch truck where we are received by hungry skiers, with great appreciation! We stand at our post doling our lunch for about an hour. A little more time off might ensue before the evening rush. Dinner is prepared starting at about 3:00 pm including cabin box

Upcoming Events:

- Feb. 4-6** Drama Production, *Dark of the Moon*
7:30pm, \$5.00 at the door
- Feb. 7-12** Ski Week
- Feb. 12-21** Mid-Term Break - for travel details go to:
www.shawnigan.ca/now/travel-information
- Feb. 22-26** Grad Photos
- March 6-7** Leave Weekend
- March 7-9** Grade 11 Bamfield trip
- March 11-13** *Kiss Me Kate*, School Musical at the Cowichan Theatre, Duncan - for tickets, call box office, **250-748-7529**

prep (dinner practically cooked—heat and eat) and we work until about 8:30 pm.

On Friday, we spend time making sure the Manning Park Kitchen is cleaner than when we found it, go through all the cabins picking up food, pack up the van with left over food, serving utensils and pots and pans and drive ourselves back to the Island.

To paraphrase the famous Dickens quote, Ski Week 'is the best of times, and the worst of times.' All joking aside though, it is an incredible week where we get to meet and talk to students and staff who we may not interact with regularly at School. In our downtime, we can relax, do some skiing and share a few laughs with our fabulous community. The days are long, but they are good, making the week seem over all too soon and, suddenly, we're on our way home.

Sport Changes – Darrin Austin

Last week, students signed up for their spring sport commitments. What follows are the options they chose from.

Boys:

1. Basketball Skills– Junior; non-competitive skill development
2. Cross Country – Junior and senior; non-competitive and competitive
3. Outdoors – Gr. 10 and Senior
4. Rowing – Junior and senior; competitive season
5. Squash – Junior; non-competitive/beginners
6. Rugby – Grade 10 and Seniors; competitive season.
7. Tennis – Junior and senior; non-competitive and competitive
8. Golf – Junior and senior; competitive
9. Fitness – Senior

Girls:

1. Cross Country – Junior and senior; non-competitive and competitive
2. Outdoors – Gr. 10 and Senior; limited space.
3. Rowing – Junior and senior; competitive season.
4. Soccer – Junior and senior; competitive season.
5. Squash – Junior; non-competitive/beginner; limited space.
6. Rugby – Senior and juniors with permission; competitive season.
7. Tennis – Junior and senior; non-competitive and competitive
8. Golf – Junior and senior; competitive; limited space.
9. Fitness – Senior
10. Basketball Skills - Junior; non-competitive skill development.

* Once the girls' soccer and tennis seasons are over, there will also be options of Field Hockey and Volleyball skills for junior girls.